

### Programs for young people and their families

For young people aged between 10-25, and their families, across the Moreton Bay region.

Helping young people, as well their families, access support to achieve their goals brings about lasting change. We can meet with you in a variety of places—at school, the community or at your family home.

#### Reconnect

works with young people aged 12–18 experiencing conflict at home, who may be at risk of homelessness or are currently homeless (couch surfing).

## Empowering Family Connections (EFC)

works in partnership with young people aged 10–18 and families to keep family units strong, and prevent the need for child safety involvement.

### **Transitions**

empowers young people aged 10–18 under Child Safety Protection Orders to set and achieve goals, as well as build positive emotional wellbeing.

## School Based Youth Support Officers (SBYSOs)

work in local high schools to support students who are at risk of early school disengagement.

### Compass

works with young people who are currently offending or at risk of entering the Youth Justice system and their families with targeted interventions to create a stronger connection to self, family, education and culture.

# Youth Justice Education and Training (YJET)

is a flexible education program to help young people aged between 14–16 to improve their literacy and numeracy, with a focus on becoming job-ready.

## Youth Mental Health and Disability Support (YMHADS)

supports young people aged between 12–25 with NDIS plans to achieve their goals through mentoring and group programs.

### Youth At Risk Network (YARN)

brings supportive local professionals together with young people aged 10–17 and their families, to discuss their support needs, develop a support plan and connect families with services that can help.

### Youth group programs

cover topics such as anger management, anti-bullying and resilience, anxiety, management of healthy relationships, emotional awareness and expression.

### Parent and carer groups

meet to learn new parenting skills and provide peer support—Triple P seminars, Resourceful Adolescent Program for Parents and Parenting Pit-Stop.

Contact us for more details— whether you are a young person, a parent, school staff or other community service.



