

Day programs



Keen for some fun, friends & maybe even trying something new?

Over time, master some key skills to help you live a more independent life. Our Day Programs are designed to develop confidence with social and community participation.

- Cooking
- Life skills, including budgeting
- Getting work ready
- Fitness ... and more!

Get in touch for more information

e. somerset@lutheralservices.org.au
p. 07 5427 0548

Special Event:

When:

Contact:



Registered NDIS Provider

[w. lutheralservices.org.au](http://w.lutheralservices.org.au)



**Lutheran
Services**

Disability

