

## Youth group programs

cover topics such as anger management, anti-bullying and resilience, anxiety, management of healthy relationships, emotional awareness and expression.

## School holiday programs

provide a safe and structured environment for young people to learn new social skills and build friendships, also providing respite for families and carers.

## Parent and carer groups

meet to learn new parenting skills and provide peer support—Triple P seminars, Resourceful Adolescent Program for Parents and Parenting Pit-Stop.



**Intercept**  
Youth & Family Program



## Programs for young people and their families

For young people aged between 10–25, and their families, across the Moreton Bay region.

## Contact us for more details!

Call us—whether you are a young person, a parent, school staff or other community service.

### Intercept Youth & Family Program

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Helping young people, as well as their families, access support to achieve their goals brings about lasting change. We can meet with you in a variety of places—at school, in the community or at your family home.



## Reconnect

works with young people aged 12–18 experiencing conflict at home, who may be at risk of homelessness or are currently homeless (couch surfing).

## Asha

is a mobile youth mental health service to support people aged 12–25, delivered with Redcliffe Area Youth Space, funded by Brisbane North PHN.

## Empowering Family Connections (EFC)

works in partnership with young people aged 10–18 and families to keep family units strong, and prevent the need for child safety involvement.

## Transitions

empowers young people aged 10–18 under Child Safety Protection Orders to set and achieve goals, as well as build positive emotional wellbeing.

## School Based Support Officers (SBYSOs)

work in local high schools to support students who are at risk of early school disengagement.

## Specialised Multi Agency Response Team (SMART)

providing a collaborative response from a panel of government and non-government agencies to young people to reduce the risk of reoffending.

## Youth Justice Education and Training (YJET)

is a flexible education program to help young people aged between 14–16 to improve their literacy and numeracy, with a focus on becoming job-ready.

## Youth Mental Health and Disability Support (YMHADS)

supports young people aged between 12–25 with NDIS plans to achieve their goals through mentoring and group programs.

## Youth At Risk Network (YARN)

brings supportive local professionals with young people aged 10–17 and their families, to discuss families support needs, develop a support plan and connect families with services that can help.

