



## Support that feels like family.

Trinder Park Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out.

From the big jobs to the small moments and everything in between, we're here to help make your life a little easier.

Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

We'd love to hear from you.  
Book a free in-home consultation.  
Contact us on 1800 960 433



## At Trinder Park Home Care, you're at the heart of everything we do.

It's the little things that make a difference.

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are most important to you.

Start each day feeling confident and in control.

Whether it's help around the house or transport to appointments, the choice is yours. Each day is designed by you, and supported by us.

The same familiar faces, at the right time.

With Trinder Park Home Care, we fit into your schedule, you don't need to fit into ours. We can help with:

- Showering, dressing, mobility and transfers
- Basic household cleaning
- Grocery shopping and meal preparation support
- Support with continence management
- Support to attend family celebrations, community events and social groups
- Assistance to run errands and attend appointments
- Support with medication management
- Personalised nutrition-based meal plans
- Respite Care
- Lawn maintenance
- Clinical care including nursing and allied health such as physiotherapy, podiatry and occupational therapy
- Care management to ensure care and services are aligned with support required

Let's create new possibilities together.

Chat to our friendly team on 1800 960 433