



## Support that feels like family.

St Andrews Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out.

From the big jobs to the small moments and everything in between, we're here to help make your life a little easier.

Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

We'd love to hear from you.  
Book a free in-home consultation.  
Contact us on **1800 960 433**



## At St Andrews Home Care, you're at the heart of everything we do.

**It's the little things that make a difference.**

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are most important to you.

**Start each day feeling confident and in control.**

Whether it's help around the house or transport to appointments, the choice is yours. Each day is designed by you, and supported by us.

**The same familiar faces, at the right time.**

With St Andrews Home Care, we fit into your schedule, you don't need to fit into ours. We can help with:

- Showering, dressing, mobility and transfers
- Basic household cleaning
- Grocery shopping and meal preparation support
- Support with continence management
- Support to attend family celebrations, community events and social groups
- Assistance to run errands and attend appointments
- Support with medication management
- Personalised nutrition-based meal plans
- Respite Care
- Lawn maintenance
- Clinical care including nursing and allied health such as physiotherapy, podiatry and occupational therapy
- Care management to ensure care and services are aligned with support required

Let's create  
new possibilities  
together.

Chat to our  
friendly team on  
1800 960 433