



Zion

A connected inner-north Brisbane community
built on strong family values.

Retirement Living
Aged Care
Home Care



**Lutheran
Services**

There for you

Welcome to Zion.

An inner-north Brisbane community with a rich 30-year spiritual history, built on a legacy of friendship, connection to faith and hope. It's all here for you.

Our location

is right in the heart of the inner-north Brisbane suburb of Nundah, an area historically significant to the Lutheran Church. Founded by the nearby St Paul's Church congregation, experience a welcoming multi generational community that connects people of all ages.

Our community

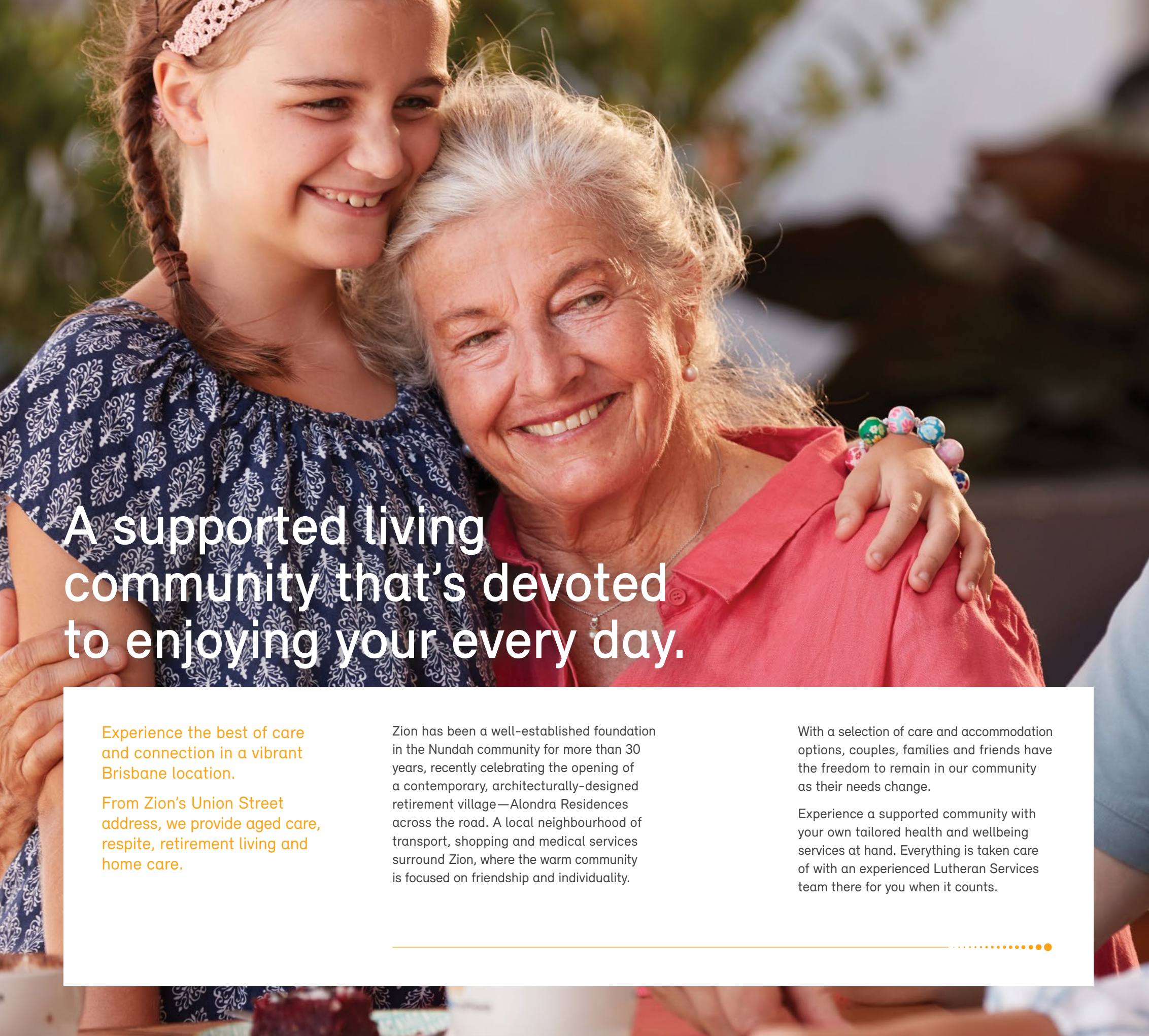
is a place where friends become family. Where Christian connections are treasured. Connect with local children and students from the nearby daycare and Prince of Peace Lutheran College. Attend a morning tea at the Alondra Bistro, in our social co-located retirement village or engage in an onsite church service with spiritual leaders. Feel right at home, surrounded by a community you know and trust.

Our commitment

to you and your family is a peaceful, healthy and joyful lifestyle — a promise Zion has preserved for more than 30 years.



Zion Nundah is operated by Lutheran Services, one of the longest serving supported living providers in Queensland with 85 years' experience.



A supported living community that's devoted to enjoying your every day.

Experience the best of care and connection in a vibrant Brisbane location.

From Zion's Union Street address, we provide aged care, respite, retirement living and home care.

Zion has been a well-established foundation in the Nundah community for more than 30 years, recently celebrating the opening of a contemporary, architecturally-designed retirement village—Alondra Residences across the road. A local neighbourhood of transport, shopping and medical services surround Zion, where the warm community is focused on friendship and individuality.

With a selection of care and accommodation options, couples, families and friends have the freedom to remain in our community as their needs change.

Experience a supported community with your own tailored health and wellbeing services at hand. Everything is taken care of with an experienced Lutheran Services team there for you when it counts.

Everything you need.

Couples accommodation

Pet friendly

Visiting hairdresser

Courtyards & gardens

Library

Alondra Bistro

Kitchen & barbecue facilities

Health & wellness services

Visiting GPs & pharmacy service

Enjoy the freedom of apartment living.

Introducing Alondra Residences. Co-located with Zion Aged Care, Alondra is an award-winning retirement living village, offering a welcoming community and a vibrant lifestyle.

On the doorstep to Nundah Village and just seven train stops to the Brisbane CBD, you can enjoy the convenience of inner-city living.

Inspired by nature and the essence of home life, Alondra Residences is designed by award winning architects BVN. With spacious living areas and balconies, city views and natural ventilation, this boutique apartment building is designed for outdoor living and entertaining.

At Alondra Residences, your health and wellbeing is taken care of in every way. Make the most of every minute with an in-house concierge and access to social and health services, supporting you to live the way you choose. Experience peace of mind knowing your future is secure with neighbouring aged care services.



"I can zip over to the shops on my mobility scooter and stay there for hours shopping and catching up with friends if I want to."

Chris, Alondra Residences resident



"We love the architecture, the convenience to Nundah Village and Toombul Shopping Centre."

Geoff, Alondra Residences resident

An Everyday Adventure

Explore your local neighbourhood and stroll to nearby Nundah cafes and restaurants. Visit the local shops or enjoy an afternoon of bowls. Catch the courtesy bus for a night at the theatre, ballet or sporting grand final.



Rooftop Entertaining

Greeted by a stunning waterwall upon arrival, you'll enjoy the range of reflection gardens and meeting areas throughout. A lush rooftop garden with entertainment, kitchen, and outdoor BBQ facilities, provides the perfect space for alfresco dining, movies, functions and more.



Spacious Residences

Representing some of Brisbane's most spacious retirement living apartments, one, two and three-bedroom residences are available. All designed as a place to call home, to entertain and to adventure from.



Peace of mind for you and your family.

Zion Aged Care specialises in personalised aged care services focused on individual wellbeing and an enriched quality of life.

Choose from a range of comfortable accommodation options, with single or double ensuite rooms and accommodation available for couples.

Enjoy peace of mind, with 24-hour nursing staff, aged care specialists, dementia care, memory support, palliative care and respite care available.

It's the little things that make the difference. Our dedicated lifestyle team go above and beyond to help make your life a good one. At Zion, we understand the essence of you, with an activities calendar tailored to include the things you enjoy the most.

Hop aboard the village bus, at your service for daily outings. Enjoy a visit to the art gallery at South Bank or a trip to Redcliffe for a waterfront stroll. Or closer to home, an excursion to the local Toombul shops.

Wellness services are available to help keep you mobile, active and independent. With an allied health service including podiatrists, speech pathologists, dieticians and 24-hour nursing care that's all about you.



"Mum is as well cared for and happy as she could possibly be, which is an enormous relief for me."

Jane, resident's daughter



"It's not actually a nursing home, rather, it is a wonderful home filled with family, excitement, friendships and participation."

Chloe, granddaughter of
Zion resident Kevin

Allied Health

From physiotherapy and podiatry to mobile dentistry and dietitians, delivering and arranging health support is part of our commitment to wellbeing and care at Zion.



Additional Services

Our *Make My Day* Additional Services package is all about added benefits and choice, designed with wellbeing in mind. For the full list of services, visit our website.



Onsite Chapel

Your spiritual wellbeing is important at Zion. Our chapel is available for regular worship sessions or private refection, with an onsite chaplain to support residents and staff.





It's the *little extras* that make a *big difference.*

As a Residential Aged Care Provider, Lutheran Services receives funding from the Government to cover the base level of accommodation, meals and care to our residents who require aged care services. This funding is greatly appreciated and essential to the delivery of our services, but there are some things that it does not cover.

At Lutheran Services, our residents are like family to us and we want to provide you with all the little extras that make a big difference to your every day. Our **Make My Day** Additional Services package at Zion provides you with added benefits and choice.

Additional Services on offer at Zion.

For an extra daily fee, you receive full access to the extensive range of **Make My Day** Additional Services at Zion.

The cost of Additional Services may vary depending on your circumstances. Please speak to your Client & Community Advisor for more information.



Entertainment & Technology

- ✓ In-room TV
- ✓ Wi-Fi access
- ✓ Subscription music (Silver Memories)
- ✓ Family video conferencing



Personal Equipment & Services

- ✓ Personal postage service
- ✓ Printed clothing labels
- ✓ Test and tagging of electrical items
- ✓ Dedicated personal mobility aids
- ✓ Dedicated personal princess chair
- ✓ Credit card payment facilities



Wellbeing & Social Activities

- ✓ Weekly bus trips
- ✓ Christmas event
- ✓ Father's Day event
- ✓ Mother's Day event
- ✓ Monthly special event
- ✓ Special occasion commemoration



Dining & Drinks

- ✓ Beer, wine and soft drinks with meals
- ✓ Choice of dining areas
- ✓ Hot breakfast option
- ✓ Chef prepared meals
- ✓ Choice of two hot meals at lunch
- ✓ Monthly premium BBQ
- ✓ Weekly happy hour
- Meals cooked fresh onsite



Room Extras

- ✓ Pillow menu
- ✓ New pillows
- ✓ Filtered water jug

Total

Package Daily Fee*	\$19.95
Package Daily Value	\$50.00

See Resident Contract for more information

* Standard Rate. Respite residents and residents assessed as Fully Government Supported by the Department of Human Services or DVA will be charged a maximum rate of \$8.95 per day (indexed annually). GST inclusive.

Experience Home Care that feels like family.

Lutheran Services Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out.

From the big jobs to the small moments and everything in between, we're here to help make your life a little easier. Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are most important to you.

We can help with:

- Personal care (showering, dressing, mobility)
- Household cleaning
- Grocery shopping & meal preparation
- Clinical care (nursing, physiotherapy, podiatry etc)

For our full range of services, visit our website or call us on 1800 960 433.



"When you build a relationship with someone, they become like family and you become part of their home. I love my job and the people I work with."

Carley, Home Care staff.

Our community.



Everything you need.



- | | |
|---|-------------------------|
| 1. Zion Aged Care | 6. Nundah Library |
| 2. Alondra Residences | 7. Kalinga Park |
| 3. St Paul's Lutheran Church | 8. Brisbane CBD |
| 4. St Paul's Lutheran Child Care Centre | 9. Nundah Train Station |
| 5. Nundah Village | |



THANK YOU

Lutheran Services would like to acknowledge and thank our people and communities for their contribution to this brochure. The organisation is privileged to photograph the real people who live, work and support our communities and to capture and share their experiences.



Experienced enough to deliver. Small enough to care.

Lutheran Services is a not-for-profit organisation that encourages those we serve to pursue the life they hope for and the communities we are part of to thrive.

More than 1,700 Queenslanders enjoy their retirement in a Lutheran Services community or access our Home Care and aged care services.

Since 1935, we have provided quality, contemporary care and support to people of all backgrounds, at more than 20 locations throughout Queensland.

Older people. Young people and their families. People living with disability or mental illness. Families experiencing domestic violence or hardship. From Brisbane to Biloela.



Explore a future with Zion.

We invite you to contact our friendly team for more information or to arrange a visit to our community.

Zion

Aged Care
24 Union St, Nundah Qld 4012

Retirement Living
Alondra Residences
25 Union St, Nundah Qld 4012

p. 1800 960 433 | e. hello@lutheranservices.org.au
w. lutheranservices.org.au

