

# Salem and Northridge Salem

Supporting Toowoomba for generations,  
inspired by family and friendship.

Aged Care  
Home Care



Lutheran  
Services

*There for you*



# Welcome to Salem and Northridge Salem

From Pittsworth to Toowoomba,  
Salem has served the Darling Downs  
with care and compassion since 1935.

## **Our locations**

are central and closely connected to the local neighbourhood,  
with Ipswich and Brisbane less than two hours away.

## **Our community**

is inspired by family and friendship with pastimes that bring  
warmth, activities that bring joy and spaces that support wellbeing.

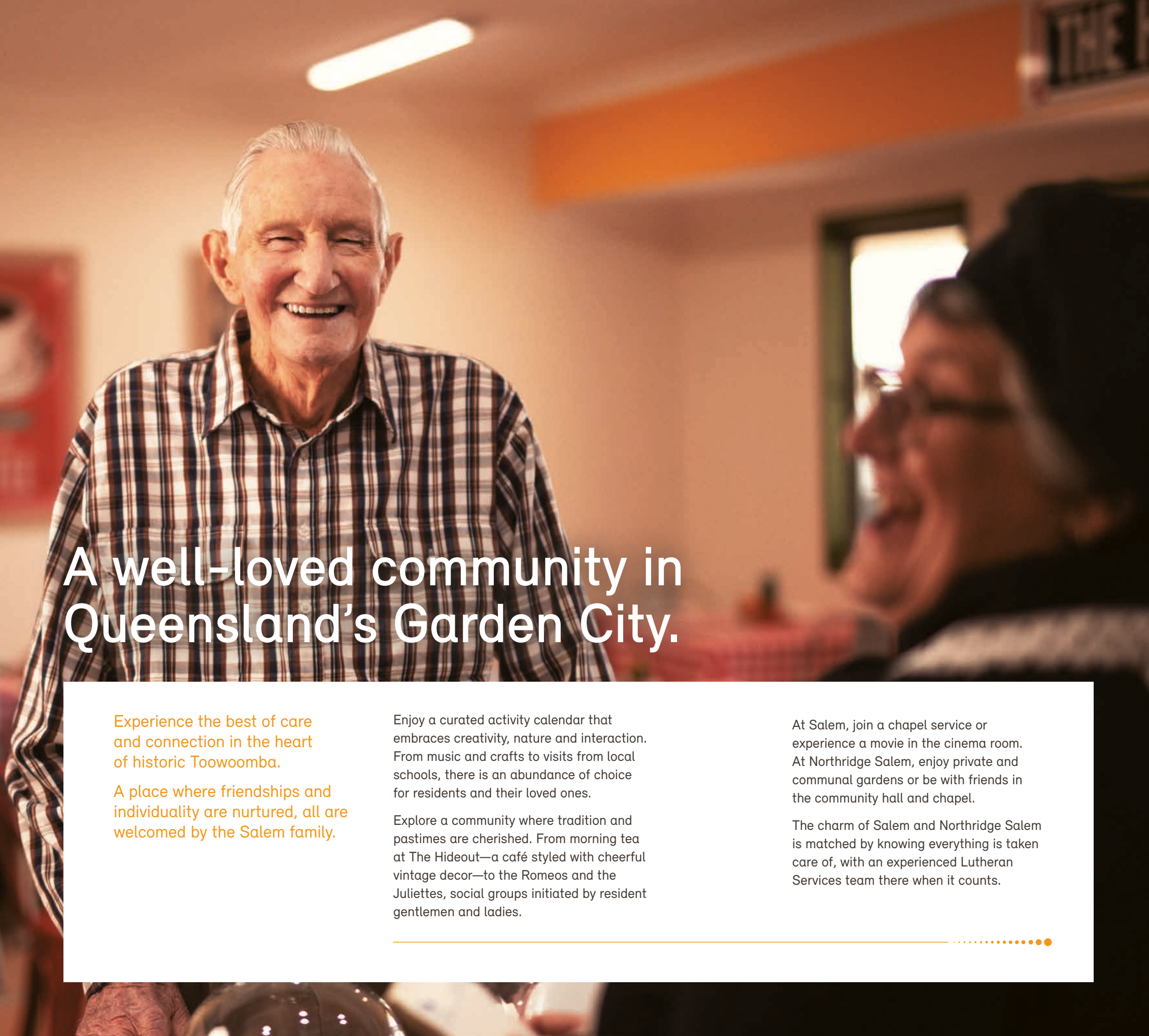
## **Our commitment**

is a peaceful, healthy and joyful lifestyle—a promise Salem has  
preserved for more than 80 years.



Salem and Northridge Salem are operated by Lutheran  
Services, an experienced supported living provider with  
more than 80 years' experience.





# A well-loved community in Queensland's Garden City.

Experience the best of care and connection in the heart of historic Toowoomba.

A place where friendships and individuality are nurtured, all are welcomed by the Salem family.

Enjoy a curated activity calendar that embraces creativity, nature and interaction. From music and crafts to visits from local schools, there is an abundance of choice for residents and their loved ones.

Explore a community where tradition and pastimes are cherished. From morning tea at The Hideout—a café styled with cheerful vintage decor—to the Romeos and the Juliettes, social groups initiated by resident gentlemen and ladies.

At Salem, join a chapel service or experience a movie in the cinema room. At Northridge Salem, enjoy private and communal gardens or be with friends in the community hall and chapel.

The charm of Salem and Northridge Salem is matched by knowing everything is taken care of, with an experienced Lutheran Services team there when it counts.

## Everything you need.

Health and wellness services

Café

Physiotherapy and exercise

Chapel and chaplain

Cinema room

Visiting hairdresser

Visiting GPs and pharmacy service

Mail service



# Peace of mind for you and your family.

At Salem and Northridge Salem, we specialise in personalised aged care services focused on individual wellbeing and an enriched quality of life.

Choose from a range of single shared-bathroom or private ensuite rooms, including modern refurbished designs as well as more traditional styles. Specialist dementia, respite and temporary care accommodation options are available.

Be assured with a dedicated team of carers, health professionals, lifestyle coordinators, chefs and chaplains, and nurses on call 24/7.

A team that is also well-supported, with many serving the Salem community for a decade or more.

Keep mobile, active and independent with full-service day therapy. Enjoy physiotherapy or stay active with a gentle exercise class. It's your life, your way.

Joining Salem's aged care community means a future filled with quality care, dignity and peace of mind.



*"We like to say that we're in the business of joy. We create a calendar full of rich, engaging programs for our residents to enjoy and put smiles on faces."*

Jules, Creative Programs





*"I enjoy my life here. My family don't have to worry. I never have a problem. I'm still driving! I get out three or four days a week."*

Matt, Resident

### Allied Health

From physiotherapy to podiatry to visiting GPs, arranging and receiving health support is part of our commitment to wellbeing and care. We provide dedicated accommodation and specialist staff for dementia care, memory support and palliative care.



### Chefs On Site

Healthy nutrition and good food are a daily priority at Salem and Northridge Salem, and all meals are freshly and lovingly prepared by onsite chefs.



### A Wider Community

Support for the people of Salem extends beyond our village to the wider community. We nurture a sense of connectedness to the local neighbourhood and to our beautiful, historic region.





# Experience Home Care that feels like family.

Lutheran Services Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out.

From the big jobs to the small moments and everything in between, we're here to help make your life a little easier. Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

We can help with:

- Showering, dressing, mobility and transfers
- Basic household cleaning
- Grocery shopping and meal preparation support
- Clinical care including nursing and allied health such as physiotherapy, podiatry and occupational therapy

For our full range of services, visit our website or call us on 1800 960 433.



*"My mother-in-law uses Salem Home Care... She's very happy with the service and enjoys seeing the same people."*

Cheryl, relative of Home Care client

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or policies of the Australian Government.*





"I get all the help that I need to stay in my own home... They look after me very well."

Lorna, Home Care client

**It's the little things that make the difference**

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are important to you.



**Start each day feeling confident and in control**

Whether it's help around the house or transport to appointments, the choice is yours. Each day is designed by you, and supported by us.



**The same familiar faces, at the right time**

With Lutheran Services Home Care, we fit into your schedule, you don't need to fit into ours.







# Our community.

# Salem

Everything you need.

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1. Reception

2. Chapel

3. Cinema room

4. Dining room

5. Car park

6. Community hub

7. The Hideout Café

8. Hair salon





St Andrew's Hospital 0.5km

Wilsonton Shopping Centre 2.2km

Northpoint Shopping Centre 1.7km

Toowoomba Town Centre 2.5km

Ipswich 93km

Brisbane 125km

# Our community.

## Northridge Salem

Everything you need.

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1. Reception

2. Chapel

3. Dining room

4. Sunroom

5. Car park

6. Hair salon

7. Activities





## THANK YOU

Lutheran Services would like to acknowledge and thank our people and communities for their contribution to this brochure. The organisation is privileged to photograph the real people who live, work and support our communities and to capture and share their experiences.



*Experienced enough to deliver. Small enough to care.*

Lutheran Services is a not-for-profit organisation that encourages those we serve to pursue the life they hope for and the communities we are part of to thrive.

More than 1,700 Queenslanders enjoy their retirement in a Lutheran Services community or access our Home Care and aged care services.

Since 1935, we have provided quality, contemporary care and support to people of all backgrounds, at more than 20 locations throughout Queensland.

Older people. Young people and their families. People living with disability or mental illness. Families experiencing domestic violence or hardship. From Brisbane to Biloela.





# Explore a future with Salem and Northridge Salem.

We invite you to contact our friendly team for more information or to arrange a visit to our community.

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## Salem

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## Northridge Salem

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 **Lutheran  
Services**  
*There for you*

 **LUTHERAN  
CHURCH  
OF AUSTRALIA**  
QUEENSLAND DISTRICT