

Retirement Living Aged Care Home Care



# Welcome to St Andrews

Surrounded by the nature and convenience of the southern Gold Coast, St Andrews offers a peaceful lifestyle in a tranquil coastal setting.

#### Our location

offers the best of Tallebudgera with everything on your doorstep. Just minutes from the beachside, local clubs, Coolangatta airport and shopping centres, and Brisbane less than 90 minutes away.

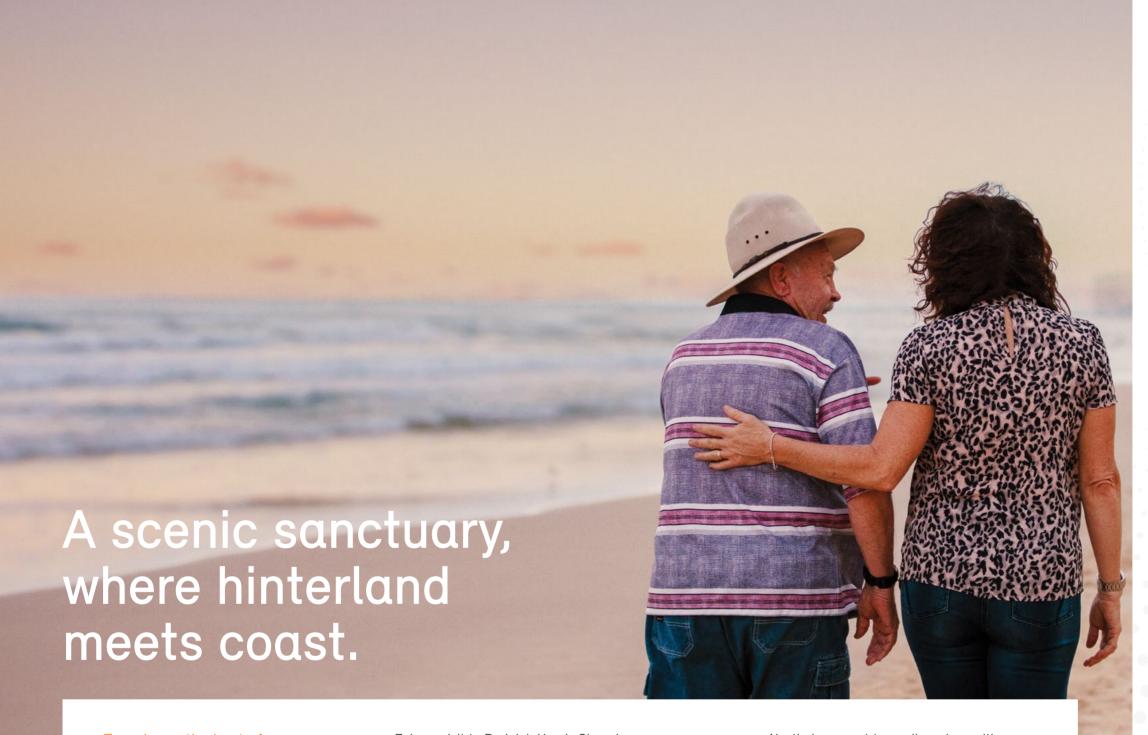
#### **Our community**

is a vibrant and peaceful neighbourhood, coloured by sounds of children in the distance and birds in the trees. A place to feel serene and secure, with friends like family and dedicated staff to help you enjoy life.

#### **Our commitment**

to you and your loved ones is a peaceful, healthy and joyful lifestyle—a promise St Andrews has preserved for more than 25 years.





Experience the best of care, connection and nature nestled between the Tallebudgera Valley and southern Gold Coast beaches. With new friendships to be made and an abundance of things to see and do, at St Andrews the choice is yours.

Enjoy a visit to Burleigh Heads Shopping Centre, Currumbin RSL and a host of local dining, surf and bowls clubs. Explore and enjoy everything the coast has to offer with scenic bus excursions or join activities and programs with the neighbouring school community.

With a choice of care and accommodation types, families and friends have the freedom to remain in our community as needs change. Nestled amongst tranquil gardens with gentle sea breezes, floral scents and panoramic views, the true comfort of St Andrews is knowing everything's taken care of and your Lutheran Services team is there when it counts.

## Everything you need.

Health & wellness services

Chapel & chaplain

Cinema

Barbecue facilities

Swimming pool

Visiting hairdresser

Visiting GPs & pharmacy service



St Andrews offers one and two-bedroom villas set amongst beautifully maintained gardens and natural bushland. All villas offer car spaces or lock-up garages and a spacious, practical design.

Join friends for a shopping trip, a leisurely lunch at Currumbin RSL or take in a live show at Twin Towns. Our courtesy bus is at your service.

Stay active and embrace the outdoors by tending to colourful gardens. Enjoy afternoon walks through Tallebudgera's neighbouring walking tracks, soaking up the sea breezes, scenery and wildlife.

Take grandchildren to nearby parks, enjoy a service at the onsite Chapel or volunteer with aged care residents.

Your retirement years are meant to be treasured. At St Andrews, spend this precious time with people and experiences that matter to you. "The views are beautiful.

I have wonderful

neiahbours."

Shirley, St Andrews resident



### Neighbourhood of Choice

From the relaxed coastal lifestyle to vibrant nearby amenity, activity and choice are in abundance at St Andrews.



#### Pet Friendly

Furry and feathered friends are welcome at St Andrews, with retirees welcome to share their homes with pets.



#### Stylish Villas

St Andrews offers 24
one and two-bedroom
one-bathroom villas,
with peaceful views and
low-maintenance designs.
Our villas include modern
finishes and security features
and lush, colourful gardens.





St Andrews specialises in personalised aged care services focused on individual wellbeing and an enriched quality of life.

Our modern, comfortable and private ensuite rooms overlook beautifully maintained gardens where you can soak up the sunshine and enjoy sunsets with friends on the alfresco patio.

Respite care is also available.

Our dedicated nursing staff and personal carers are on hand 24/7. St Andrews provides dedicated accommodation and specialist staff for dementia care, memory support and palliative care.

It's the small things that make a difference.
Our lifestyle coordinators are devoted to enhancing our residents' wellbeing, every day.
Connect, enjoy a laugh, be active or simply relax in beautiful surrounds. The music and art that uplifts, the games that challenge, the movies and stories that inspire and the food that delights.

Joining St Andrews' aged care community means a future filled with quality care, dignity and peace of mind.

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"The staff are happy and I know that they care. It's that wonderful attitude."

Pat, St Andrews resider



#### Health and Wellbeing

Our aged care residents
have access to a range
of services both onsite and
nearby. From physiotherapy
to podiatry to visiting GPs,
arranging and receiving
health support is part of our
commitment to your wellbeing and
care at St Andrews.



#### **Additional Services**

Our Make My Day Additional Services package is all about added benefits and choice, designed with wellbeing in mind. For the full list of services, visit our website.



#### **A Wider Community**

Support for the people of St Andrews extends beyond our village to the wider community. Our aged care residents feel a sense of connectedness as members of our local coastal community.





It's the little extras that make a big difference.

As a Residential Aged Care Provider, Lutheran Services receives funding from the Government to cover the base level of accommodation, meals and care to our residents who require aged care services. This funding is greatly appreciated and essential to the delivery of our services, but there are some things that it does not cover.

At Lutheran Services, our residents are like family to us and we want to provide you with all the little extras that make a big difference to your every day. Our *Make My Day* Additional Services package at St Andrews provides you with added benefits and choice.

### Additional Services on offer at St Andrews.

For an extra daily fee, you receive full access to the extensive range of Make My Day Additional Services at St Andrews.

The cost of Additional Services may vary depending on your circumstances. Please speak to your Client & Community Advisor for more information.



✓ In-room TV

Subscription music (Silver Memories)

Wi-Fi access

Family video conferencing



#### Personal Equipment & Services

- Personal postage service
- Personal online shopping service
- Printed clothing labels
- Credit card payment facilities
- Dedicated personal mobility aids
- Washing of delicate items
- Testing and tagging of electrical items ○ Dedicated personal princess chair



#### Wellbeing & Social Activities

Weekly bus trips

Private entertainment / BBQ area

Monthly high tea

Private function room

Father's Day event

Fortnightly special events

Mother's Day event

- Special occasion commemoration
- Christmas celebrations (including party and event)



#### Dining & Drinks

- Beer, wine and soft drinks with meals
- Hot breakfast option
- Choice of dining areas
- Ochoice of two hot meals at lunch
- Chef prepared meals
- Monthly premium BBQ
- Meals cooked fresh onsite
- Weekly happy hour



#### Room Extras

Pillow menu

Package Daily Fee\*

- Package Daily Value
- \$19.95 \$54.00

New pillows Filtered water jug

#### See Resident Contract for more information

\* Standard Rate. Respite residents and residents assessed as Fully Government Supported by the Department of Human Services or DVA will be charged a maximum rate of \$8.95 per day (indexed anually). GST inclusive.



Lutheran Services Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out. From the big jobs to the small moments and everything in between, we're here to help make your life a little easier. Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are most important to you.

#### We can help with:

- Personal care (showering, dressing, mobility)
- Household cleaning
- Grocery shopping & meal preparation
- Clinical care (nursing, physiotherapy, podiatry etc)

For our full range of services, visit our website or call us on 1800 960 433.

We support people in their omes. We support them in getting out and about."

Claire, Home Care Coordinator



# Everything you need.

- 1. Reception
- 2. Chapel
- 3. Gardens
- 4. Retirement villas
- 5. Aged care
- 6. Pool
- 7. Alfresco patio
- 8. Cinema
- ). Atrium area
- 10. Dining
- 11. Activities room



#### **THANK YOU**

Lutheran Services would like to acknowledge and thank the people at St Andrews and all of our villages for their contribution to this brochure. The organisation is privileged to photograph the real people who live and work at our communities and to capture and share their experiences.

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#### Experienced enough to deliver. Small enough to care.

Lutheran Services is a not-for-profit organisation that encourages those we serve to pursue the life they hope for and the communities we are part of to thrive.

More than 1,700 Queenslanders enjoy their retirement in a Lutheran Services community or access our home support and aged care services.

Since 1935, we have provided quality, contemporary care and support to people of all backgrounds, at more than 20 locations throughout Oueensland.

Older people. Young people and their families. People living with disability or mental illness. Families experiencing domestic violence or hardship. From Brisbane to Biloela.



#### Explore a future with St Andrews.

We invite you to contact our friendly team for more information or to arrange a visit to our community.

#### St Andrews

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