



# Cooinda

A cherished aged care community  
in the heart of Gympie

Aged Care  
Retirement Living  
Home Care



Lutheran  
Services

*There for you*



# Welcome to Cooinda

Nestled in the beautiful Mary Valley and set amongst native bushland and beautifully maintained gardens, Cooinda offers a peaceful aged care living with strong connections to the local community.

## **Our location**

is idyllically positioned just one hour north of Noosa in the heart of Gympie. Cooinda is set on 25 acres of land, surrounded by native Australian flora and fauna, where you can wake up to birdsong.

## **Our community**

is a relaxed and country-style place, where friends become family. A tranquil space set amongst lush gardens filled with bellflowers, banksia and bottlebrush, where you can make the most of everyday. It's knowing your future is secure in a place that truly feels like home.

## **Our commitment**

to you and your family is a peaceful, healthy and joyful lifestyle —a promise Cooinda has preserved for almost 60 years.



Cooinda is operated by Lutheran Services, one of the longest serving supported living providers in Queensland with more than 85 years' experience.







# A coastal lifestyle to enjoy, a hilltop retreat to call home.

Experience the best of care, community, and connection in a tranquil country setting. A level of care that's unmatched. It's a senior's community that's devoted to enjoying your every day.

Cooinda offers a 164-bed supported living community with your own health and wellbeing services at hand. Featuring spacious, single and couples suites with private ensuites and large windows that overlook the stunning curated gardens, residents enjoy a deep connection with the natural environment and an abundance of green space and natural light.

The lush, landscaped gardens are a cherished feature at Cooinda. Designed to provide a full sensory experience for residents and visitors, each space has been thoughtfully designed for all to enjoy. Delight in the bubbling water features, bursts of vibrant

colour woven throughout the flower beds, fragrant herb bushes, floral scents, and soothing sounds of the visiting birdlife. There's beauty around every bend, with easy walking paths to connect each of the areas and plenty of spaces to sit and soak up the serenity. Cooinda even has its very own waterfall.

Stepping into your own piece of paradise, you won't believe how close you are to the centre of town. A special place where residents love to live, families love to visit and staff love to work.

An established name in the Gympie community for nearly 60 years, experience the charm of Cooinda Aged Care.

## Everything you need:

Activities Centre

Couples' suites

Stunning gardens

Orchid bar

Allied Health services

Visiting hairdresser

Serenity room

Secure memory support unit

Onsite café

Nurse Practitioner

Visiting community groups

Lifestyle & wellbeing Activities

Memorial garden

Bowling green



# Peace of mind for you and your family.

Cooinda at Gympie specialises in personalised aged care services focused on individual wellbeing and an enriched quality of life.

Choose from a range of comfortable accommodation options, from single rooms with private ensuites, or a spacious couples suite which includes a private ensuite, kitchenette and living room.

Enjoy peace of mind, with 24-hour nursing staff, aged care specialists, dementia, memory support and respite care available.

It's the little things that make the difference. Our dedicated lifestyle team go above and beyond to help make your life a good one. Understanding the essence of you, with an activity calendar based on the things you enjoy the most.

Our lifestyle coordinators connect our residents with the tunes they love, the creative arts, the games, the dance, and activities that make every day brighter.

Get into the creative spirit at one of our monthly themed luncheons. Cultivate your musical spirit at Morning Melodies or try your hand at tub

thumping in the activities centre. Create your own masterpiece at a pottery class run by the Cooloola Potters Group or sample homemade treats during a weekly cooking class. From BBQ lunches and Fish and Chip Fridays to beer and pizza nights at the Orchid Bar and country music singalongs. It's your life, your way.

Wellness services keep you mobile, active and independent. With an allied health service, physiotherapist, nurse practitioner, dietician, qualified chefs and 24-hour nursing care, that's all about you. It's a care team that goes the extra mile.

Joining Cooinda's aged care community means a future filled with quality care, dignity and peace of mind.



*"Mum is as well cared for and happy as she could possibly be, which is an enormous relief for me."*

Jane, resident's daughter



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Jane, resident's daughter





*"We would like to say we are extremely happy...the room is amazing and the staff are so friendly and kind."*

Helen and Joe, Cooinda resident's family members

### Allied Health

Our aged care residents have access to a range of services both onsite and nearby. From podiatry, speech pathology and physiotherapy to a dietitian, qualified chefs and 24-hour nursing care. We are committed to ensuring the very best health and wellbeing for our residents.



### Additional Services

Our Make My Day Additional Services package is all about added benefits and choice, designed with wellbeing in mind. For the full list of services, visit our website.



### A Wider Community

Support for the people of Cooinda extends beyond our village. Our aged care residents feel a sense of connectedness to the wider community, enjoying regular interactions with local kindergartens, schools, community groups and volunteer organisations. As well as regular outings such as picnic lunch at Mothar Mountain Rockpools and tea at Amamoor Village Green.







It's the *little extras* that make a *big difference.*

As a Residential Aged Care Provider, Lutheran Services receives funding from the Government to cover the base level of accommodation, meals and care to our residents who require aged care services. This funding is greatly appreciated and essential to the delivery of our services, but there are some things that it does not cover.

At Lutheran Services, our residents are like family to us and we want to provide you with all the little extras that make a big difference to your every day. Our Make My Day Additional Services package at Cooinda provides you with added benefits and choice.

## Additional Services on offer at Cooinda.

For an extra daily fee, you receive full access to the extensive range of **Make My Day** Additional Services at Cooinda.

The cost of Additional Services may vary depending on your circumstances. Please speak to your Client and Community Advisor for more information.



### Entertainment & Technology

- ✓ Flat-screen TV
- ✓ Streamable Wi-Fi
- ✓ Subscription music (Silver Memories)
- ✓ Family video conferencing



### Personal Equipment & Services

- ✓ Personal postage service
- ✓ Printed clothing labels
- ✓ Test and tagging of electrical items
- ✓ Dedicated personal mobility aids
- ✓ Dedicated personal princess chair



### Wellbeing & Social Activities

- ✓ Bus trips monthly
- ✓ Monthly special event
- ✓ Private function room
- ✓ Christmas Party
- ✓ Gifts on special occasions
- ✓ Private entertainment / BBQ area



### Dining & Drinks

- ✓ Hot breakfast option daily
- ✓ Choice of two hot meals at lunch
- ✓ Servery meal selection
- ✓ Chef prepared meals cooked fresh onsite
- ✓ Special BBQ monthly
- ✓ Happy hour weekly
- ✓ Beer, wine & soft drink with meals



### Room Extras

- ✓ Pillow menu service
- ✓ Deluxe pillow swap service
- ✓ Filtered water jug

### Total

Package Daily Fee*	\$19.95
Package Daily Value	\$44.00

See Resident Contract for more information

\* Standard Rate. Respite residents and residents assessed as Fully Government Supported by the Department of Human Services or DVA will be charged a maximum rate of \$8.95 per day (indexed annually). GST inclusive.



# A community devoted to enjoying your retirement.

Zion Gympie offers a range of one and two bedroom units set in an elevated hilltop position in the heart of town. With easy access to shopping and dining and peaceful community feel, residents can enjoy both comfort and convenience in their retirement.

Start your day with a cup of tea or coffee on your private balcony and take in the stunning mountain views. Take a walk through the village and breathe in the fresh country air and scent of Australian native flowers on your way to the community hall for yoga.

When you feel like a day out, take a drive or the village bus to town. Join friends for lunch at the Gympie RSL on Mary Street, take the grandkids to The Duck Ponds at Lake Alford Recreational Park for a barbeque picnic or learn about the rich gold mining history of the Gympie region at the mining museum.

If your lifestyle isn't complete without a furry friend, pets are most welcome.

Your retirement years are to be treasured. At Zion Gympie, spend this precious time with people and experiences that matter to you.



*"I am comfortable and happy at Zion Gympie. The Village Manager really cares about the well-being and care of our residents."*

Marilyn, Zion Gympie resident





*"Moving into Zion Gympie has been a very enjoyable experience."*

Zion Gympie resident

### Local Lifestyle

Explore the town centre of historic Gympie, right at your doorstep.

Enjoy shopping at the many antique stores and boutique shops, or stop for a bite to eat at one of the many local cafés and restaurants. Take a trip to locally renowned attractions like the Mary Valley Rattler and scenic drives in the surrounding mountains.



### Pet Friendly

Furry and feathered friends of residents and staff are welcome at Zion Gympie and many of our retirees share their homes with pets.



### Onsite Church

Your spiritual wellbeing is important at Zion Gympie. A beautiful Lutheran Church is onsite and is available for regular worship services or private reflection.





# Experience Home Care that feels like family.

Lutheran Services Home Care offers you more than help at home. Feel confident with a team reliably there for you, day in day out.

From the big jobs to the small moments and everything in between, we're here to help make your life a little easier. Whether you're new to home care, or looking for another provider, it's easy to make the change to Lutheran Services.

Services are available through Government-funded Home Care Packages or as fee-for-service.

Life's better when you enjoy the company you keep. We're here to walk beside you on the journey, paying attention to the things that are most important to you.

We can help with:

- Personal care (showering, dressing, mobility)
- Household cleaning
- Grocery shopping & meal preparation
- Clinical care (nursing, physiotherapy, podiatry etc)

For our full range of services, visit our website or call us on 1800 960 433.



*"When you build a relationship with someone, they become like family and you become part of their home. I love my job and the people I work with."*

Carley, Home Care staff.





# Our community.

Everything  
you need.



1. Jacaranda Lodge

2. Hibiscus Lodge

3. Davidson

4. Reception & Clarkson

5. Zane

6. Chapel

7. Gazebo & Aviary

8. Memorial Garden

9. Waterfall

Gympie 2km

Gympie Train Station 4km

Noosa 68km

Sunshine Coast Airport 82km

Brisbane CBD 179km





*"I love the environment at Cooinda and feel as though I'm able to spend quality time with the residents."*

Kaitlin, Cooinda staff member

## THANK YOU

Lutheran Services would like to acknowledge and thank our people and all communities for their contribution to this brochure. The organisation is privileged to photograph the real people who live and work at our communities and to capture and share their experiences.



**Lutheran  
Services**

*There for you*

*Experienced enough to deliver. Small enough to care.*

Lutheran Services is a not-for-profit organisation that encourages those we serve to pursue the life they hope for and for the communities we are part of to thrive.

More than 1700 Queenslanders enjoy their retirement in a Lutheran Services community or access our home support and aged care services.

Since 1935, we have provided quality, contemporary care and support to people of all backgrounds, at more than 20 locations throughout Queensland.

Older people. Young people and their families. People living with disability or mental illness. Families experiencing domestic violence or hardship. From Brisbane to Biloela.





## Explore a future with Cooinda.

We invite you to contact our friendly team for more information or to arrange a visit to our community.

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### Cooinda

2 Cooinda St, Gympie Qld 4570  
p. 1800 960 433 | e. [hello@lutheranservices.org.au](mailto:hello@lutheranservices.org.au)  
w. [lutheranservices.org.au](http://lutheranservices.org.au)



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